

[ASTRA.ALTRUSA.ORG](http://ASTRA.ALTRUSA.ORG)

# ASTRA ROCKS

## ASTRA SPONSORS

We want to hear about all the great things your ASTRA clubs are doing! Please send photos with captions to:



ASTRA Committee Chair  
Traci Squarcette  
District Nine  
tsquarcette@umhb.edu



ASTRA Club of Pendleton, OR, District Twelve - Installation



ASTRA Club of Belton High School,  
District Nine - Wreaths for Vets

## HAPPY NEW YEAR!

ASTRA members all over the globe are so engaged with their communities. It is so inspiring to see the impact they are making in your communities. I hope this issue inspires you as well!

We are moving into scholarship season and the International ASTRA Committee is here to help in any way we can. Please use the resources available to you on our website. DEADLINE is March 15th.



USE THIS QR CODE TO ACCESS VALUABLE RESOURCES

### SCHOLARSHIPS

[High School Application](#)

[College Application](#)

### SERVICE AWARDS

[Service Award Criteria - DUE March 1st](#)

# ASTRA in Action

## “Growing in Service”



### ASTRA Club at Lake Region High School/ District One



Breakfast with “Frosty” Dec. 2nd at Songo Locks Elementary, Naples, Maine

### Lake City, Florida/ District Three



ASTRA Club of Epiphany of Lake City, FL - Thanksgiving food baskets

Altrusa International of Lake City, FL, District Three, is proud to announce the sponsorship of the ASTRA Club of Richardson Sixth Grade Academy. The date of organization and charter ceremonies of the new ASTRA Club of Richardson Sixth Grade Academy will be on January 18, 2024. CONGRATULATIONS!!

### District Nine



ASTRA Club of San Antonio, TX - Election of Officers



ASTRA Club of Salado High School - Collected stuffed animals for Blue Santa benefiting the local police department.



ASTRA Club of Belton High School - Making mats for the homeless out of plarn “plastic yarn”.

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## District Twelve



**ASTRA Club of Pendleton, OR - The Pendleton ASTRA club fundraised and went shopping for family in need this holiday season. They wrapped the gifts and delivered them to the family.**



**ASTRA Club of Roseburg, OR - Helping Altrusa Club with "Dinner in the Vines".**

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## Waitaki Girls High School ASTRA Club/ District Fifteen



**Delivering Personal emergency packs to the Oamaru Hospital.**



**Packing distraction packs for children to use when visiting A&E.**



**Delivering baked goods to senior citizens.**

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# ASTRA

**A - ABILITY - TO KNOW THAT ALL OF US HAVE SPECIAL TALENTS TO SHARE WITH OTHERS.**

**S - SERVICE - TO IMPROVE THE LIVES OF THOSE LESS FORTUNATE IN THE COMMUNITY.**

**T - TRAINING - TO DEVELOP LEADERSHIP ABILITY AND POTENTIAL.**

**R - RESPONSIBILITY - TO LEARN TO ACCEPT OBLIGATIONS AND KNOW THE SATISFACTION OF CARRYING PROJECTS THROUGH TO A SUCCESSFUL CONCLUSION.**

**A - ACHIEVEMENT - TO EXPERIENCE SUCCESS; TO KNOW THAT A GROUP CAN ACCOMPLISH SO MUCH MORE THAN ANY ONE INDIVIDUAL.**

# NEW CLUB FORMATION CHECKLIST

Starting a new club can be daunting but, it doesn't have to be. Let us help you with the process. Here is a quick start checklist to keep you on target.

Talk with your Club President to seek approval from the Board and Club members to sponsor a new ASTRA Club.

Secure a sponsor at the school and Altrusa club.

Hold an interest meeting and projects (with snacks of course)!

Notify the District ASTRA Chair & Altrusa International of your new club at [ASTRA@altrusa.org](mailto:ASTRA@altrusa.org)

Once you reach 15 members, apply for your club charter with Altrusa International. We are here to help!

**Newly CHARTERED ASTRA Club Project Grant Application**  
Submit a project grant within 12 months of ASTRA club charter!



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**Need Help?**  
**[ASTRA@altrusa.org](mailto:ASTRA@altrusa.org)**

**Altrusa International ASTRA Committee for 2023-2025**

From left to right: Rene'e Eaton, District Ten; Heather Cleavinger, District Eight; Traci Squarcette (Chair), District Nine; Jeradyn Rivest (Vice-Chair), District Four; Mabel Acevedo, District Fourteen; Marueen McGough, District Two; (Not pictured) Beth Harrison, District Twelve