



January 2024 Altrusagram



Upcoming Dates

Service Cmte Meeting

Monday Jan. 29
5:00 P.M.
ZOOM

B.A.M. Appreciation Cookie Walk

Saturday, Feb. 3
12:50
Meet in B.A.M. Cafe

Business Meeting

Wednesday, Feb. 7
6:00 PM
Riverside Golf Course

Sue's Supper

at RMcD House
Tuesday, Feb. 20
volunteer opportunity

Program Meeting Initiation ceremony

Wednesday, Feb. 21
6:00 P.M.
Riverside Golf Course

Business Meeting Elections

Wednesday, Mar. 6
6:00 P.M.
Riverside Golf Course

from the President:

Happy New Year

January, the first month of the New Year. It is a time to reflect on our accomplishments of the past year and plan to renew our commitment to service within the community. Thank you all for the time and effort you have given. You truly make a big difference within our community.

Your Board has met to review the progress of the Clubs strategic plan and I am happy to say we are on track. Committee Chairs will continue to review and keep the committees on course.

Exciting news to announce! We have three (**yes 3**) new members. Please welcome Gail Mazzone, Cathy Paglio, Toni Parise. Their initiation event is currently in the works.

The nominating committee is busy developing the slate for the upcoming new year beginning June. Remember, for Altrusa to be successful, Altrusa needs members willing to step up to serve on the board. This is an excellent way to learn more about the organization and to meet like-minded individuals at the District and International level. Please contact Debbie Lemieux if you are willing to take this next step.

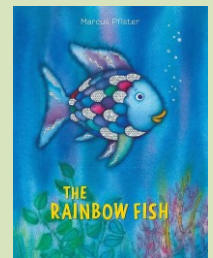
Many service projects are being scheduled. ABC for Portland schools, Ronald McDonald House meals, our collaboration with Cricket Comforts to provide books to Barbara Bush Children's Hospital, and labeling & sticking books for inventory. The service committee will be reaching out in scheduling these activities. I hope one of these projects is on your resolution list.

The January's program meeting provided another evening of sharing, and camaraderie. Our speaker Marcia Weston and John Roediger from the Osher Lifelong Learning Institute provided us with an abundance of information on the wide variety of fun & affordable courses, lectures, and workshops OLLI offers.

Please reach out to any Board member with any questions, or ideas.

Together in Service
Wanda

"The more he gave away, the more delighted he became."
The Rainbow Fish by Marcus Pfister



Altrusa is an international non-profit organization, making our communities better through leadership, partnership, and service.

Who We Are...

The Board 2023 - 2024

Club President: : Wanda Pettersen
kettlecove_6@msn.com

Foundation President: Pam Lemieux
pamela.lemieux@myfairpoint.net

Vice President: Karen Valley
book1babe@gmail.com

Secretary: Patricia Maxim
campnaples@fairpoint.net

Treasurer: Fran Jensen
franjensen2911@gmail.com

Foundation Director: Ann Smith
vanillawoman2015@gmail.com

Club Director: Fran Breton
frb3282@hotmail.com

Immed. Past President: Debbie Lemieux
dalemieux33@gmail.com

Parliamentarian: Judith Reidman
reidmanjudith7@gmail.com

Committee Chairpersons 2023 - 2024

Communications Co-Chairs:
Christine Johnson *cejinmaine@gmail.com*
Erin May Deprez *erinmaydeprez@gmail.com*

Finance Co-Chairs:
Fran Jensen *franjensen2911@gmail.com*
Marie Pike *pikerino2@aol.com*

Membership Co-Chairs:
Patricia Maxim *campnaples@fairpoint.net*
Katie Lamb *kwblamb@gmail.com*

Service Co-Chairs:
Pam Lemieux *pamela.lemieux@myfairpoint.net*
Martha Gross *grossmartha01@gmail.com*

Social Co-Chairs:
Fran Breton *frb3282@hotmail.com*
Joanne Doherty *jdoherthy193@gmail.com*

What's cooking, Good looking!

Timing and rules related to the upcoming 2024-2026 election of officers

The Nominating Committee for the 2024 – 2026 officers is preparing the slate to be presented to the membership:

Officer Positions to be filled:

Club President term 2024-2026
Club Director term 2024-2026
Vice President term 2024-2025***
Secretary term 2024-2025***
Treasurer term 2024-2026

***Pending a policy change to 2 year term, as discussed at January 12 Board meeting.

February 7, 2024 Business meeting: Chair of the Nominating committee will announce the slate. Members have an opportunity to consider the slate as presented and to consider potential nominations from the floor which they may like to present at the next business meeting.

March 6, 2024 Business meeting: The President will ask for nominations for each position from the floor and then vote on the nominations.

Correction to last month AltrusaGram Note:

There are **29** members, there needs to be a quorum (1/3).
10 need to be in attendance to vote.

If there is only one candidate per office, then a motion & a second from the floor are required for secretary to cast the ballot. If more than one candidate, then a separate, paper vote will need to be conducted for each office.



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Our Service Projects



Ronald McDonald
House Charities®
Maine

BAM!
BOOKS-A-MILLION

On Tuesday, January 16th, with the snow rapidly filling up the streets, Nicki Griffin, Martha Gross and Ann Smith arrived early at Ronald McDonald House to prepare two big pots of fish chowder (one regular and one lactose-free), a pan of gluten-free cornbread, and gluten-free vanilla cupcakes with cream cheese frosting. The ride home was a little scary, but we all made it safely and got the job done. No pics, but a good meal was ready for the families when they got in later.

Ann S.

In appreciation for their continued support of Altrusa Portland, we are holding a **COOKIE WALK!!!**

February 3 at 1:00. Members are asked to be there by 12:50 and meet in the Cafe.

And to make or buy their favorite cookies and bring to BAM located at 430 Gorham



From our Service Co-Chair, Pam Lemieux

There will be a Service Meeting on January 29 at 5:00 P.M. She will send out the Zoom link.



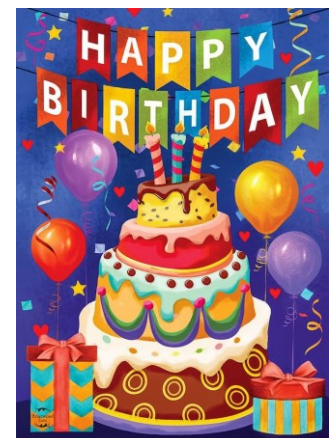
ABC

Rowe School ABC
event on
January 23rd.
Stay tuned for Pictures.



95th Birthday Party and 20th Annual Volunteer of the Year Celebration

Preparations are in progress for the this much awaited event, which will occur in April. Marie Pike chairs the VOY project. And Anita Chandler is coordinating the 95th Birthday celebrations.

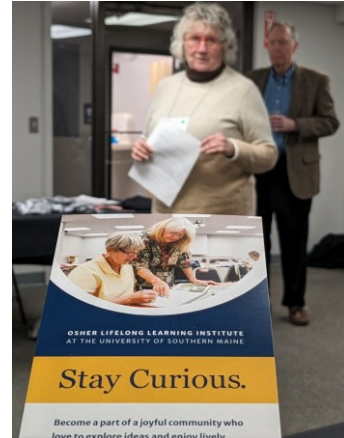


more News

Program Meeting guests from Osher Lifelong Learning Institute(OLLI), shared with great enthusiasm, the many and varied programs that OLLI has to offer Senior Citizens. Here in Maine, it is associated with the University of Southern Maine, but also found nationally, there are many other states that host this program.



Left to Right: Wanda Pettersen
Marcia Weston
John Roediger



January

Birthdays
of the Month

Joanne Doherty
Nicki Griffin
Rae Clark-McGrath
Karen Arnold



other Committees' News

MEMBERSHIP Committee

WELCOME to our 3 new members:

We met them at our Holiday party on December 13th. By January 17th all 3 were approved, had paid their dues, and were officially declared new MEMBERS. They have all been assigned to the SERVICE committee for the remainder of this year.

If all of the Sponsors -- as well as the new members -- are available, we'll have their INITIATION ceremony as our February 21st Program. We hope you will all be there to witness 3 new links being added to our "Chain of Service".

Please bring your new yearbooks to the meeting so we can add their information to:

- page 22 - "New Members"
- page 20 - "Birthdays"
- page 8 - "Committees"

Another task for that meeting will be to review your own listing in our Yearbook to determine if you would like to add anything. You may notice that some members include their husbands names, ie. (Mrs. *his name*) after their own name, but you don't have to. And some members list their occupation or former occupation - retired. It's your choice. Any changes you make will be published in the 2024-2025 edition next September.

Thank you
Trish



Pam Szalajeski sponsor for Toni Parise -
2017 winner of our 'Volunteer of the
Year' award

tparise@smccme.edu

Martha Gross sponsor for Gail
Mazzone - a former member in
2010-2012

mestormy70@gmail.com



Katie Lamb sponsor for Cathy
Paglio - a childcare licensing
specialist.

rpaglio1@gmail.com

Finance Committee

Hello Everyone! I hope you are surviving this January "Deep Freeze" spell, and are staying warm and safe .

But, if you need something to warm you up and lift your spirits, I have uplifting news about our annual fundraiser, "The Calendar Raffle". Thanks to everyone's efforts, diligent work and salesmanship, we sold 339 tickets for a total of \$ **3,390.00**. We had great prizes donated and I am sure that also helped sales.

Our Committee sponsored the January Program Speaker(s) from "OLLI", Osher Lifelong Learning Institute at USM. We had two speakers from their Outreach Service give a very informative presentation. Everyone got to take home some informational literature about their programs.

The Finance Committee will have their next meeting in February at a yet to be determined date.

Best, Fran & Marie



ASTRA of Lake Region High School

Ability Service Training Responsibility Achievement



20 of 33 members & their Advisor were available for the group picture for the LRHS Yearbook.



Decorated white bakery bags for the "February Vacation Activity Bags" for SAD61 1st graders.

With only 3 ASTRA meetings left before their February school vacation, the push is on to complete the decorating of 150 +/- white bakery bags with colorful artwork.

At the 3rd meeting on February 15th they will fill the bags with trinkets, supplies, and activity pages for the 1st graders at Stevens Brook & Songo Locks elementary schools in SAD61.

The bags are meant to take home on Friday the 16th for use by the children during that next week of vacation.



These are the ASTRA freshmen.
(We are in good hands for the future.)



Hopefully, when these children eventually get to LRHS, they will remember the kindness & fun of being in ASTRA and look forward to joining the club.

Other Things

Don't forget to input your Service Hours.
Copy and paste this link into your browser:

<https://docs.google.com/forms/d/e/1FAIpQLSfBA5kpTP2KnohBM77MIB7qwAm953glU10L8wCWanf3Qbrtqg/viewform>

The International Association President wants us to enter literacy hours as a separate category.

from the
Altrusagram
editor



Many thanks in advance for all your efforts and your support in providing your input to Altrusa articles and photos. And also, Thanks to Trish Maxim's proofing!!

Please email myself, Debbie, at dalemieux33@gmail.com with anything you consider newsworthy. My deadline for submissions is the 3rd Friday of the month.

-- Debbie L.



Please continue to fill up the green Altrusa **CLYNK** bags.

Then:

1. drop them off at your local Hannaford's
2. drop the bags off at Pam Lemieux's house
3. or, bring to a meeting and give to Pam.

Mark your calendar for these Future District & International Events

District One Conference

April 26-28, 2024

Double Tree by Hilton

Andover, Mass

59th International Convention

July 23-26, 2025

Location TBD

Quebec City, Canada