



April 2023 Altrusagram

Upcoming Dates



Wednesday, May 3rd Business Meeting 6:00 pm social 6:15 meeting starts via Zoom

Thursday, May 11th Schooner Fare Concert fundraiser! (see page 8)

Tuesday, May 16th Sue's Supper at RMcD House volunteer opportunity

Wednesday, May 17th

Volunteer of the Year Award Presentation! 6:00 pm social 6:15 meeting starts at St Peter's.

Friday, May 19th All newsletter articles due

Wednesday, June 7th - or maybe - June 14th! (the date will be announced soon) Business Meeting and Installation of the 2023-2024 Officers at Karen Valley's home

from the President:

April is in bloom. How nice the sun's warmth feels and there have been a few days when we could actually open our windows to freshen the home. For me, the sun provides me with energy to clean my little garden of winter debris and to see the flowers sprout.



Our club is also blossoming. Erin May Deprez, was initiated as a new Altrusan at our 94rd birthday party. Many members attended this celebration. What an awesome way to celebrate our birthday by watching our garden grow with this new friendship.

I am so proud of our club's representation at District One conference. Portland took 2nd place for conference attendees. Lake Region High School ASTRA club award was received by their President Delaina Grover. The District & the International Representative are enthusiastic with the community service this high school club provides. Portland also received a 2nd place Newsletter award for our Altrusagram. Marie Pike is definitely our editor extraordinaire. International Foundation acknowledged our club as one of the three Lamplighter Club's in District One. Altrusa Portland is growing and "Leading to Better Community."

Please plan on attending the May program meeting when the service committee will be presenting the 19th annual Volunteer of the Year Award to an outstanding non-Altrusan community volunteer.

Thank each of you for all of your contributions.

Wanda

A stanza from one of my favorite songs by John Denver: Inch by inch, row by row Gonna make this garden grow All it takes is a rake and a hoe And a piece of fertile ground



Altrusa is an international non-profit organization, making our communities better through leadership, partnership, and service.

Who We Are...

We Give Scholarships



Anita C and Martha G attended the SMCC breakfast honoring scholarship sponsors. Pictured above are SMCC President Joe Cassidy, Anita C, SMCC Foundation Executive Director Connie Goldberg, and Martha G.

Portland Altrusa has a long history of providing scholarships to students at SMCC. In addition to SMCC we provide scholarships to students at University of Maine, University of New England, and annually to graduating high school students at Deering, Portland and Casco Bay high schools and to an ASTRA graduating student at Lakes Region High School.

A NOTE WE RECEIVED:

Thank you so much for your ongoing support of Southern Maine Community College students!

Our students face many challenges on their path to creating a better life for themselves, their families and our community. Your generous donation provides a critical bridge to their success.

The importance of your gift cannot be emphasized enough – quite simply, you are making a real difference in someone's life.

On behalf of the SMCC Foundation, we thank you for being on our team.

With gratitude, Julie A. Chase Connie Goldberg

> Altrusa International Foundation of Portland, Maine, Inc. altrusaportland@gmail.com PO Box 8834, Portland, ME 04104 USA https://districtone.altrusa.org https://www.portlandaltrusa.org

The Board 2022 - 2023

Club President: : Wanda Pettersen kettlecove_6@msn.com

Foundation President: Anita Chandler achandler@maine.rr.com

> Vice President: Karen Valley book1babe@gmail.com

Secretary: Patricia Maxim campnaples@fairpoint.net

Treasurer: Fran Jensen franjensen2911@gmail.com

Foundation Director: Susan King kings@maine.rr.com

Club Director: Fran Breton frb3282@hotmail.com

Immed. Past President: Debbie Lemieux dalemieux33@gmail.com

Parliamentarian: Judith Reidman judithreidman@gmail.com

Committee Chairpersons 2022 - 2023

Communications Co-Chairs: Christine Johnson cejinmaine@gmail.com Debbie Lemieux dalemieux33@gmail.com

Finance Chair: Fran Jensen franjensen2911@gmail.com

Membership Co-Chairs: Patricia Maxim campnaples@fairpoint.net Karen Valley book1babe@gmail.com

Service Co-Chairs: Anita Chandler achandler@maine.rr.com Martha Gross grossmartha01@gmail.com

Social Chair: Fran Breton frb3282@hotmail.com

Notes from the District One Conference, pg1



DISTRICT ONE BOARD AND COMMITTEE CHAIRS FOR 2023 -2025

As pictured, left to right: Linda Ring (Communications Chair), Pat Jackowski (BRR), Ann Marie Snyer (Parliamentarian), Wanda Pettersen (1st Vice Governor), Anne Rash (Foundation Liaison), Diane O'Reilly (Treasurer), Cindy Hyatt (Membership Chair), Carlita Cotton (Leadership Chair), Sue Ulino (Director), Ann Lindner (2nd Vice Governor), Karen Valley (Archives), Pam Lemieux (Immed. Past Governor), Sue Porazzo (Governor-Elect), Rita Cote (Governor), Denise Doyon (Secretary), Cathy Baybutt (DSB Editor), Penny Eldridge (Director). Not pictured: Ann Milliard (Awards Chair), Marie Pike (Service Chair).

Conference Tidbits:

Congratulations: to Pam Lemieux, former District One Governor, now Immediate Past Governor and to Wanda Pettersen, former District One Treasurer, now First Vice Governor; to Anita Chandler who presented an award, and to Trish Maxim for her participation with ASTRA at Conference. Very proud of them and their leadership skills!

Fundraising: \$80 dollars was the final bid on our Foundation Silent Auction Basket. We raised \$87 dollars on our small breakfast raffle basket and \$43 from selling Altrusa pins (provided by Anita Chandler), for a total of \$130 raised for our club fundraiser.

Networking: was informative and fun! There were 8 of us who attended from our club. Along with hanging out with our local club members who attended, I met members from other District One clubs as well as from Kansas (our International Association guests, the twin Smith sisters, who hail from Salina, Kansas). I bought some precious hand-crocheted baby items made by our district members from Quebec (who I look forward to seeing again in Quebec in 2025 at Conference) and others from MA, NH and CT.

The workshops and breakout sessions were **informative: gaining knowledge of our organization and sharing ideas** at the same time!

As a Membership Chair for one more year for our Club I'm pleased to support her theme for Altrusa District One 2023-2025: INCREASING OUR NUMBERS, That's the Goal!

If you've never been to a District One Conference you owe it to yourself to attend one. You'll come back feeling energized!!! - - Karen Valley





Wanda Pettersen carries the Portland banner for the Parade of Presidents.

Trish Maxim carries the ASTRA flag for the flag ceremony.



Notes from the District One Conference, pg2



Portland club members attending Conference left to right: Fran B, Wanda P, Pam L, Joanne D, Christine J, Anita C, Karen V and Trish M

CONGRATULATIONS to the WINNERS!

Mamie L Bass Award 1st - Seacoast 2nd - Northeastern CT 3rd - Central CT

Letha H Brown Award 1st - Northeastern CT 2nd - Biddeford-Saco 3rd - Plymouth County

Nina Fay Calhoun Award 1st - Central CT 2nd - Northeastern CT

Newsletter Award 1st - Central CT 2nd - Portland 3rd - Laconia

ASTRA Award - Lake Region High School (Portland club sponsor)

Gabrielle Crepeau Award - Carole Norrish of Northeastern CT



Outgoing Governor Pam Lemieux with incoming governor Rita Cote

and International Rep Linda Smith handing out awards.



International Rep Linda Smith with Governor Pam Lemieux

Service Chair Anita Chandler





The Seacoast club does the "Call to Conference" for the 2024 Conference they will be hosting.



Altrusa District One is Turning Back the Tide...



Our Service Projects



This group of Altrusans happily sending off all the Bags of Hope sewn and stuffed. The Milestone Recovery program will distribute these bags to graduates of their program.

On Saturday March 25th, Christine and Nicki helped Cricket Comforts complete 55 pillowcases at their March Into Spring work session. Most of those pillowcases will be paired with the books that we provided. All are destined for the Barbara Bush Childrens Hospital in the near future.

For folks who are interested, Cricket Comforts volunteers and friends get together one Saturday most months at the Old Robie School in Gorham. They make pillowcases and swaddles, primarily for BBCH. Since COVID, their inventory is down and they can use more folks willing to sew to get them back on track. Also fabric donations are always needed and appreciated.

- - Christine J



left to right: Christine J and Cricket Comforts volunteer Kathy Gowen



Nicki G at the sewing machine



Anita C reading to children at Longfellow School



Ronald McDonald House dinner crew, left to right: Anita C, Susan K, Ann S, Nicki G

other Committees' News

MEMBERSHIP COMMITTEE

During the Wednesday evening of April 19th when we celebrated Portland Altrusa's 94th birthday, we also INITIATED our newest member Erin Deprez. Karen Valley and Ann Smith did an excellent job conducting the ceremony; Trish Maxim and Joanne Doherty were Erin's sponsors.

Erin is married and has three small children. She is the Librarian at Bonny Eagle High School in Standish Maine, SAD 6 which includes the towns of Buxton, Hollis, Limington, Standish and Frye Island. It is the largest school district in the state of Maine with 3500 students in 6 Elementary Schools, 1 Middle School and 1 High School. Erin is a busy young woman and we are excited to have her become an Altrusan.

- - Karen V

Trish and Joanne watch as Erin adds her link to our Chain of Service.





Initiation Ceremony, left to right: Karen V, Trish M, Erin D, Joanne D, Ann S



Trish pins Erin with the Altrusa pin..

Portland Altrusa - 94 years!



A big thank you to the Social Committee for a wonderful birthday party on April 19th, celebrating 94 years of fun, fellowship and service to our community.

Pictured left to right: Karen V, Debbie L, Andrea D, Joanne D, Wanda P, Fran B.

ASTRA

ASTRA added Pin-wheels in ASTRA colors (same as school colors), as well as netting and deer deterrent granules to their Yellow Tulip Garden. (Last Year the deer ate all of the tulips.)





During the month of April ASTRA was very busy with several of their Community Service projects. Monday afternoon (April 10th) they read to 3 Kindergarten classes at Stevens Brook Elementary School (SBES) They spread out loads of books for the children to choose their own book to take home. They gave each teacher a big fat book of multiple stories for their classroom.

On Thursday morning (April 13th) at 7:30am ASTRA gathered at their Yellow Tulip Garden at LRHS to place some animal deterrents. Last year the deer (or skunks) ate the tulips right to the ground. ASTRA used brightly colored pinwheels in their school colors Blue and Gold. They also sprinkled deterrent granules and placed a wide mesh netting over the top. That same afternoon they completed their ABC at Songo Locks School, reading and distributing books to 5 Kindergarten classrooms. Joining them in this event was Martha Gross from the Service Committee who was a huge help.

The next day they started their Spring vacation week. Their next meeting will be April 27th at 7:30am.

- - Trish Maxim











Upcoming Fundraiser



Other Things

