



November 2022 Itrusagram

Upcoming Dates



Wednesday, Dec 7th
Christmas Party
and business meeting
6:00 - 8:00 pm
St Peter's

Friday, Dec 16th
All newsletter
articles due - *note earlier
date than usual*

Tuesday, Dec 20th
Sue's Supper at RMcD
House volunteer
opportunity

*Note that there is no
second meeting in
December*



&



Wednesday, Jan 4th
Business Meeting
6:00 pm social
6:15 meeting starts
via Zoom

President's Message

November is the month of giving thanks and preparing for the smells of Thanksgiving Day. Memories galore, of friends and family, flood my being. Once a large family gathering on Thanksgiving Day, has become a smaller gathering but no less meaningful. We gather around the table reminiscing of family hijinks and specific foods each would bring to the table, and argue as to who will carve the turkey. We have continued to bring the "special" foods of the day; which have become our tradition. I am thankful for these memories and thankful to be able to pass them along to the younger family members.

Altrusa Portland is thankful for our connection with BAM. Our ABC program is finishing up reading to the kindergarten classes in South Portland and now begins with the eleven classes in Windham. Being able to give a book to a student brings joy to our hearts. Another meaningful service, is the continuation of providing meals to the guests at the Ronald McDonald House. At our membership information night, we welcomed the ASTRA officers and their advisor. It was such a delight to meet these high schoolers who believe in community service.

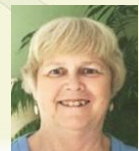
I was grateful to reconnect with district club members, whom I haven't seen since before the pandemic, at the District workshop in Cromwell, CT. The sessions were informative and FUN.

I am so grateful for you, Portland Altrusans, for all the support you give me and to each other.

Wishing you a peaceful and healthy Thanksgiving season.

Gobble Gobble

Wanda



Altrusa is an international non-profit organization, making our communities better through leadership, partnership, and service.

Who We Are...

The Board 2022 - 2023

Club President: : Wanda Pettersen
kettlecove_6@msn.com

Foundation President: Anita Chandler
achandler@maine.rr.com

Vice President: Karen Valley
book1babe@gmail.com

Secretary: Patricia Maxim
campnaples@fairpoint.net

Treasurer: Fran Jensen
franjensen2911@gmail.com

Foundation Director: Susan King
kings@maine.rr.com

Club Director: Fran Breton
frb3282@hotmail.com

Immed. Past President: Debbie Lemieux
dalemieux33@gmail.com

Parliamentarian: Judith Reidman
judithreidman@gmail.com

Committee Chairpersons 2022 - 2023

Communications Co-Chairs:
Christine Johnson *cejnmaine@gmail.com*
Debbie Lemieux *dalemieux33@gmail.com*

Finance Chair:
Fran Jensen *franjensen2911@gmail.com*

Membership Co-Chairs:
Patricia Maxim *campnaples@fairpoint.net*
Karen Valley *book1babe@gmail.com*

Service Co-Chairs:
Anita Chandler *achandler@maine.rr.com*
Martha Gross *grossmartha01@gmail.com*

Social Chair:
Fran Breton *frb3282@hotmail.com*



Altrusa International Foundation of Portland, Maine, Inc.
altrusaportland@gmail.com

PO Box 8834, Portland, ME 04104 USA

<https://districtone.altrusa.org> www.altrusaportlandgivesbooks.org

Our Service Projects...

BOOKS BEHIND BARS

Arlene Hanson has been our liaison to the Windham Correctional Center and Cumberland County Jail for the past 5 years. This is in conjunction with our service project Books Behind Bars. On November 2nd, four Altrusans (Wanda P, Arlene H, Anita C and Martha G) had the privilege of delivering, in person, books to the Correctional Center and meeting their librarian, Renee Snow.

Renee became an excellent guide sharing the newer part of the facility which includes the bright new library. It was completed in August 2022. The library is widely used by all the residents and our donations are very much appreciated. Our tour continued with observations of the new classrooms, fitness room with all the latest machines, gym, and cheery visiting room for families. We also visited the women's section which is much smaller than the main building.

There are approximately 450-500 residents there now and most for a relatively short time.

An invitation to attend our program meetings was extended to Renee who lives in Lewiston with family.

Our visit brought home the importance of this service project and the many people in our community that it touches.

-- Martha G

GIVE A COAT TO A VET



As in prior years, we're encouraging Altrusans to go to the Ocean State Job Lot store and buy a coat for a veteran. In thanks the store will give you a \$40 gift certificate.



Sue's Supper at the Ronald McDonald House



left to right: Susan K, Karen V, Ann S and Joanne D

SCHOLARSHIP RECIPIENT

Phoebe Van Soest was the recipient of the Alice Whittier award at Portland High School in June.

Phoebe, is described by her counselor as a caring, kind, highly motivated young woman. She is the type of person who loves learning and her mantra is "I choose to learn always." Another attribute she possesses is being a skilled communicator and always thinking and helping others. She volunteered with Partners for World Health by sending unused medical supplies to countries in need. Serving others is most important to Phoebe.

She presently attends Boston University and is enjoying her first semester in London, England.

-- Martha G

Books, books, books...how we get them, how we use them...

We are so fortunate, and so grateful, to partner with Books-A-Million in South Portland with a book drive that supports our many literacy-related service projects and helps us get books into the hands of children and adults in our communities. The book drive continues through December 11th.



Taking the first shift of the BAM book drive table, Martha G and not pictured, Fran J. On duty for another shift were (left to right) Gerry D and Pam L.



...and how we use the books - our ABC program. Here Christine J reads to students at Dyer School and helps them choose a book to take home.



A
B
C



other Committees' News

MEMBERSHIP COMMITTEE

The theme of our Membership Drive this year was "How Altrusa Provides Service to Our Community". We had 5 guests attending for dinner, but ERIN DEPREZ of Hollis was the only 'Prospective Member'. She is sponsored by Trish Maxim. The other 4 guests were from ASTRA at Lake Region High School (SAD 61). Erin is the Librarian at BONNY EAGLE High School (SAD 6). This summer when Trish met Erin at a pool party in Buxton, Erin was quite interested to learn that our ASTRA club was organized by the Librarian at LRHS. We have invited Erin back to future meetings and any of our Volunteer opportunities.

Our next meeting will be our Christmas party on Dec. 7th at St. Peter's. We hope the next time we see Erin, she will have the friend with her who was interested to attend, but not able to be at our Nov. 16th meeting. The Service Committee presented Erin with a very full bag of older kids books for her Bonny Eagle library. She was thrilled.

We especially want to thank the following members for their participation in our program:

Ann Smith: "Sue's Supper" at Ronald McDonald House; Susan King: "ABC" / Books-A-Million; Anita Chandler: "Empty Bowl" / Project FEED; Anita Chandler: "Bags of Hope" / Women at Milestone; Nicki Griffin: "SOS" Support Our Soldiers / Ocean State Job Lots; Katie Lamb: New Member Perspective.

And we thank the ASTRA guests for their participation. Thanks to each of you again; and thank you to the good turnout of our members to support us that evening.

-- Karen V & Trish M



other Committees' News continued

COMMUNICATIONS COMMITTEE

Tips for Selling Our 2023 Calendar Raffle

Selling can sometimes seem hard, but there is good news! We have a fabulous Calendar with over \$2400 in prizes. AND.... there will be five surprise bonus drawings this year!! 36 chances to win for each entry. This thing practically sells itself!!!

Here are some hints and tips that may help you with your sales:

- 1) Always carry copies of the calendar with you wherever you go. In your car, in your bag; wherever is convenient and you can keep them looking nice. If you always have it handy, that is a good reminder to....
- 2) Always ask. The worst anyone can say is "no". Just smile and say "thanks for considering".
- 3) Ask your Friends and Family by whatever means works for you:
 - a. send a calendar by email
 - b. post on your Facebook page or share the Altrusa Portland Post – the Event is pinned to the top of our Facebook page – HINT: share this post weekly through December. More shares mean more chances for folks to consider purchasing
 - c. in person
- 4) Promotion ideas:
 - a. Over \$2400 in prizes with 36 chances to win with each entry
 - b. It makes a great hostess gift
 - c. It makes a great "just because" gift
 - d. It makes a great stocking stuffer
 - e. It makes a great Hanukkah Gift (Dec 18-26)
 - f. Going to a Yankee Swap? This works for that too!
- 5) Set a sales goal and a stretch goal. Did you sell 5 last year? Why not set a goal of 10 this year? And maybe a stretch goal of 12. Setting a goal can remind you to follow Step 2, Always Ask.
- 6) Have fun with it. Smile. Be excited. This is a great fundraiser with great prizes for a great cause!!



-- Christine J

FINANCE COMMITTEE

It has been a quiet month, but we are gearing up for a busy one, as we are expecting to sell an abundance of "Calendar Raffle" tickets for the upcoming Holiday Season. Thanks to the hard work of our members we have already been able to deposit a respectable amount in our foundation account.

Keep up the good work !

Wishing you all a Happy Thanksgiving 🦃

-- Fran J



Just a reminder...

Mid-year committee reports are due at the January 4th business meeting; three written copies are required.

Call for the NOMINATING COMMITTEE

At the December 7, 2022 business meeting (pre-party), we will be soliciting and electing members to serve on the Nominating Committee. This committee will be chaired by Immediate Past President Debbie Lemieux.

The Committee will formulate a slate of officers for the upcoming 2023-2024 year.

Please contact Debbie if you are interested in serving on this committee.

-- Wanda P

Altrusa International Foundation of Portland, Maine Inc. January 2023 Calendar Raffle

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Over \$2,400 in Cash and Prizes Each Raffle Entry is ONLY \$10 All Raffle Entries are eligible for EVERY daily drawing. 31 Chances to win !!!</p> 						
<p>Three ways to enter: 1) cut off the stub on the side of this calendar, fill it out with your information and mail it to Altrusa, PO Box 8834, Portland, ME 04104, along with your check, payable to Altrusa of Portland Maine, or 3) you can give your entry directly to any Portland Altrusan</p> <p>https://www.altrusaportlandgivesbooks.org/calendar-raffle-2023</p>						
1  \$50 Gift Card	2  \$50 Gift Card	3  You choose the type \$75 Value	4  \$100	5  \$50 Gift Card	6  Samuel's Bar & Grill \$50 Gift Card & Aroma Joe's \$20 Gift Card \$70 Value	7  \$50 Gift Card
8  \$50 Gift Card	9  \$100 Gift Card	10  Starbucks Gift Bag \$75 Value	11  \$75 Gift Certificate	12 2 Gallons  Regal Select Paint Gift Certificate \$146 Value	13  \$50 Gift Card	14 \$25  Gift Card African Jewelry Necklaces & Earrings \$45 \$70 Value
15  \$50 Gift Card	16  \$50 Gift Card	17  Gift Bag \$125 Value	18  \$25 Gift Card \$25 Gift Card \$50 Value	19  \$50 Gift Card	20  \$75 Gift Card	21  \$75
22  \$25 Gift Card & blazes \$25 Gift Card \$50 Value	23 CVS \$30 Gift Card & Homemade Baked Goods \$50 Gift Certificate \$80 Value	24 2 Gallons  Regal Select Paint Gift Certificate \$146 Value	25  \$50 Gift Card	26 \$20 Gift Card &  Paparazzi Jewelry Mystery Bag Paparazzi. \$50 Value \$70 Value	27 2 Hours  Master Gardeners Work like design, planting, pruning, Spring or Fall clean up \$70 Value	28 Applebee's \$25 Gift Card &  \$25 Gift Card \$50 Value
29  \$50 Gift Card	30  Samuel's Bar & Grill \$50 Gift Card	31  \$300	<p>All proceeds from this raffle will be used to fund the annual vocational and educational scholarships, our many literacy focused projects, and the several community programs sponsored by our club.</p> <p>The Portland Altrusa Club appreciates your support. Good Luck!</p>			

ALTRUSA OF
PORTLAND,
MAINE
Calendar Raffle
2023

NAME:			
ADDRESS:			
CITY:			
STATE:			
ZIP CODE:			
TEL #:			
How did you find out about this raffle?			
PLEASE PRINT LEGIBLY			

ASTRA

Ability
Service
Training
Responsibility
Achievement



ASTRA Advisor Kristina Theriault has now met Altrusa; and vice versa. She attended our Nov. 16th Membership Information meeting, along with 3 of the officers of ASTRA: Delaina Grover - President; Annabelle Montgomery - Vice President; and Adison Keefe - Treasurer.

After dinner, they were gifted by District One Governor Pam Lemieux with a \$100 check for winning the ASTRA 'Service Project' for their "Yellow Tulip Garden" entry. They listened intently to our program of how Altrusa provides SERVICE to our community. After which, they were presented with 2 bags of books for the Libraries at the Elementary schools in their SAD 61 - which they will deliver.

The next morning, at their regularly scheduled meeting in the LRHS library at 7:30a, they had 3 new members join - all Sophomores, bringing their total membership now to 20. (ASTRA had 40+ members in March of 2020. Rebuilding after two years of devastation by COVID has been slow.) At the meeting they all added their link to the blue & gold ASTRA 'Chain of Service'; then transitioned into a good planning session for this years projects. The bell rang at 8:05a and they were out the door to their classes.

The next two meetings will be Dec. 1st and Dec. 15th.

- Trish Maxim



District One Governor Pam Lemieux presents the ASTRA award to ASTRA members (left to right): President Delaina Grover, Vice-President Annabelle Montgomery and Treasurer Adison Keefe.

Other Things



CLYNK MONEY

KEEP THE MONEY COMING!

Please continue to fill up the green Altrusa CLYNK bags.

Then:

1. drop them off at your local Hannaford's
2. drop the bags off at Pam Lemieux's house
3. or, bring to a meeting and give to Pam.



AMAZON SMILE MONEY

If you are shopping on-line consider using Amazon Smile, with Altrusa International Foundation of Portland, Maine as your choice of nonprofit. Invite your friends to do the same.



The deadline for the Altrusagram articles each month is the end of day on the Friday after the program meeting. Sending things before then is fine too!

Please write complete articles and identify people in photos if not club members.

Editor Marie Pike pikerino2@aol.com

SERVICE HOURS

Debbie Lemieux has updated the service hours input data form to allow for entry of hours related to non-profit general and Altrusa Book Delivery projects. This is a requirement from International President, Kathy Foley.

Don't forget to input your Service Hours.

Copy and paste this link into your browser:

https://docs.google.com/forms/d/e/1FAIpQLSfBA5kpTP2KnohBM77MIB7qwa_m953glU10L8wCWanf3Qbrtg/viewform

December Birthdays

Anita Chandler

Happy Birthday!



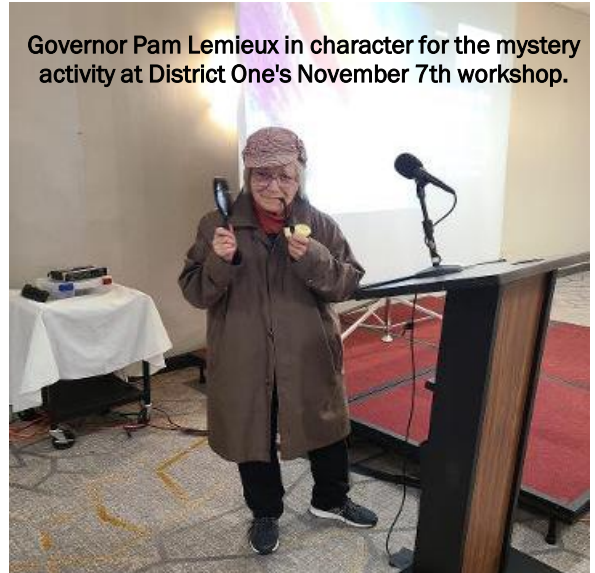
PROGRAM MEALS RESPONSIBILITY

Any member who will not be attending the program meeting, or who will attend but not eat a meal, is responsible for notifying the Treasurer no later than by noon of the Monday

before the program meeting. A charge will be levied on anyone who does not cancel their meal. Be sure to call or email Fran Jensen to cancel your meal.
franjenzen2911@gmail.com



Governor Pam Lemieux in character for the mystery activity at District One's November 7th workshop.



One person's take-away from District One's Nov 7th workshop:

The workshop on Values was very informative—it was presented by Violet Sims who did a fabulous job. We had an exercise where we had to pick our top ten values and then reduce it down to 5. We then went around the room so we could look at everyone's top 5...it was interesting to see that no one chose values such as power, recognition, beauty and fame...; the majority chose values such as compassion, integrity, wisdom and dedication—this exercise was an example of what the make-up of Altrusans are.
-- Fran B

Congratulations to the District One board on a very successful Workshop!

Mark your calendar for these Future District & International Events

District One Conference

April 21 - 23, 2023

Nonantum Resort in Kennebunkport, Me
hosted by the Greater Biddeford/Saco club

International Convention

July 19 - 22, 2023

San Antonio, Texas