

October 2022 Altrusagram

Upcoming Dates



Wednesday, Nov 2nd

Business Meeting
6:00 pm social
6:15 meeting starts
via Zoom

Saturday, Nov. 12th

District One Workshop
Marriott Courtyard hotel in
Cromwell, CT

Tuesday, Nov 15th

Sue's Supper at RMcD
House volunteer
opportunity

Wednesday, Nov 16th

Membership Drive
6:15 pm
at St Peter's

Friday, Nov 18th

All newsletter
articles due



from the President:

Autumn has arrived; such a beautiful time of year in Maine. There is so much to do. Apple picking & sampling cider, corn maze fun, tons of Halloween candy on the shelves, and everything pumpkin flavored: coffee, donuts, cookies. Even though the nights are getting cooler, it is still a wonderful time to go outside and enjoy the warmth of the sun and the colorful foliage.



We gathered together for our monthly program meeting for dinner and fellowship. This month's guest speaker was, Julie Flynn, an AARP Maine Fraud Watch Volunteer helped us recognize common scams and what we could do to avoid them. This was an informative presentation. I have some handouts left for those who could not attend the meeting and would like to have one.

A reminder next month is the membership drive dinner. This is a great way to introduce acquaintances & friends to Altrusa International and to the community service we provide.

This time of year also brings us together to recognize "World Food Day", an international day, to promote awareness and take action for those suffering from hunger. After a two year pandemic hiatus, Altrusa Portland held its 14 annual Empty Bowl Meal. In exchange for a donation, guests partook of a variety of homemade soups, chowders, breads, and desserts. All proceeds will be donated to **ProjectFEED** an emergency food depot. Thank you to First Lutheran Church for donating the dining & kitchen areas for this event.

"Make a Difference Day" is also celebrated in October. You, our Altrusa family, do make a difference every day. You not only volunteer for Altrusa's community service projects, you also belong to many other community service organizations. You fill your weekdays, evenings, and weekends advocating for the homeless, people in recovery, providing a meal to families experiencing long days in the hospital, helping anyone who may need assistance friend or stranger. **YOU MAKE A DIFFERENCE.**



Wanda

To live a meaningful life, do something for your community..... Ruth Bater Ginsberg

Altrusa is an international non-profit organization, making our communities better through leadership, partnership, and service.

Who We Are...

The Board 2022 - 2023

Club President : Wanda Pettersen
kettlecove_6@msn.com

Foundation President: Anita Chandler
achandler@maine.rr.com

Vice President: Karen Valley
book1babe@gmail.com

Secretary: Patricia Maxim
campnaples@fairpoint.net

Treasurer: Fran Jensen
franjenzen2911@gmail.com

Foundation Director: Sharon Davis
sbdavis548@gmail.com

Club Director: Fran Breton
frb3282@hotmail.com

Immed. Past President: Debbie Lemieux
dalemieux33@gmail.com

Parliamentarian: Judith Reidman
judithreidman@gmail.com

Committee Chairpersons 2022 - 2023

Communications Co-Chairs:
Christine Johnson *cejnmaine@gmail.com*
Debbie Lemieux *dalemieux33@gmail.com*

Finance Chair:
Fran Jensen *franjenzen2911@gmail.com*

Membership Co-Chairs:
Patricia Maxim *campnaples@fairpoint.net*
Karen Valley *book1babe@gmail.com*

Service Co-Chairs:
Anita Chandler *achandler@maine.rr.com*
Martha Gross *grossmartha01@gmail.com*

Social Chair:
Fran Breton *frb3282@hotmail.com*

ALTRUSA PORTLAND MEMBERSHIP DRIVE

Nov. 16th Dinner Meeting

Bring a Guest or two 10 Alton St, Portland ME 6PM

RSVP guests names along with your own to Trish Maxim and
Fran Jensen by 11-14-22 at noon for a headcount.

Be Active! Be Present!

*Members - follow our regular dinner
reservation policy.*

Altrusa International Foundation of Portland, Maine, Inc.

altrusaportland@gmail.com

PO Box 8834, Portland, ME 04104 USA

<https://districtone.altrusa.org>

www.altrusaportlandgivesbooks.org

Our Service Projects...

Saturday, October 15 saw 20 Altrusa members very busy at First Lutheran Church as we hosted The Empty Bowl fund raiser for Project Feed for the first time since the pandemic! Member chefs provided fourteen soups and chilis, crackers, breads and homemade desserts to our hungry patrons that were happy to eat for a cause. We also really welcomed Bill and Braden Lamb who were our more than able and hard working helpers. Many thanks to First Lutheran for donating their space and to Big Sky Bread Company, Aroma Joe's and Chef Bob Simmons for their generous donations.

Books A Million, we are so honored to have been invited back for the Holiday Book Drive which started on the 23rd of this month and will continue until December 11th; please let all your friends and family know about this wonderful opportunity! We could have a presence in the store 28 times, what a chance to promote Altrusa and our wonderful programs and receive books for A B C at the same time. The sign-up sheet is on line.

Altrusa has been invited to visit the new Women's Correctional Center in Windham on November 1 when we deliver our books to them. Librarian Renae Snow will give us a tour of the new facility. Attending will be President Wanda, Martha G, Anita C, and Arlene H. Thank you for making these arrangements, Arlene.

A B C South Portland's Schools are ready for us! We are scheduled to read to SoPo's kindergarten children starting next week and can you believe, ALL THE SPOTS ARE FULL! Great job, Susan!

Ann Smith is coordinating the chefs for Ronald McDonald House, please check in with her if you would like to provide a team. She likes to plan ahead! Thanks, Ann.

Thank you to all of our busy members for all that you do to work "Together in Service".

-- Anita C

Sue's Supper at the Ronald McDonald House

October 18th found Ann S, Martha G and Susan K at Ronald McDonald House prepping chili for the house guests! They whipped up a veggie chili loaded with beans and peppers as well as a meat chili with beans and burger! Ann cooked up her gluten free cornbread to accompany the chili! Fruit and cookies rounded out the meal.

--Susan K



left to right: Ann S and Martha G



more of the Empty Bowl, page 1



more of the Empty Bowl, page 2



other Committees' News

COMMUNICATIONS COMMITTEE

Our October Program meeting guest speaker, Julie Flynn, from AARP, presented hints and tips for being on alert for fraud and scams. AARP is an online resource available to you to help you stay informed.

-- Debbie L

Payment by gift card? It's a scam!

Gift cards are popular and convenient... and not just for gifts. Con artists have latched onto gift cards as a convenient form of payment in their scams.

Signs to watch for

- You're directed to buy one or more gift cards — often referred to as “electronic vouchers” — as a quick means of making payment.
- You're told to share the numbers on the back of the gift cards, by reading them off or sending a picture.
- A request comes from someone you wouldn't expect to ask for money this way:
 - Social Security warning of a problem with your account
 - A utility company warning of an imminent shutoff
 - A lottery company promising a big prize — once you pay some fees upfront
 - A grandchild needing bail or facing another financial emergency.
 - An Altrusan or someone claiming to be an Altrusan ☺



Would you like to speak to a fraud specialist?

AARP's Fraud Watch Network™ Helpline is a free resource for getting guidance you can trust, free of judgment.

Call the AARP Fraud Watch Network

Helpline 1-877-908-3360

M–F, 8 am – 8 pm ET



Julie Flynn, addressing club members



The 2022/2023 Yearbooks are hot off the press! If you did not get one yet, you can pick one up from Ann Babbitt's breezeway.

The new brochures are there too.
An electronic version will be emailed to members.

Thank you, Ann B for doing such a great job with these!

other Committees' News

MEMBERSHIP COMMITTEE

We're busy planning for the November Program Meeting on 11-16-22 which is our annual membership drive! Please follow program meeting protocol and let the treasurer know of guests and regrets in a timely manner. Please come and support this event!

The committee would like to remind all members to wear their name tags and pins to all club events and meetings, thank you.

What does membership in Altrusa mean to you?

Send your replies to Karen V at book1babe@gmail.com.

Happy Halloween! 🎃

-- Karen V



FINANCE COMMITTEE

Raffle calendars are available for sale! See the next page. A cleaner image will be emailed to all members to help them in selling calendars.

They make great Christmas stocking stuffers.

Only \$10 per entry! 31 chances to win!

Email to friends, family, work colleagues, other organizations, etc... And don't forget to buy some for yourself.

Sell, sell, sell!



DISTRICT ONE WORKSHOP

It's not too late to register to be part of a fantastic District One day

"Unraveling the Mysteries of Altrusa"

Hosted by District One and the
Greater Hartford Club
Saturday, November 12th, 2022
9 am to 3:30 pm
At the Courtyard Marriott
Cromwell, CT

Regular Registration \$60.00 (postmarked after Oct 22nd and on or before Nov 3rd, 2022)
Last Minute Registration \$65.00 (postmarked after Nov 3rd, 2022 or paid at door)

Topics:

- * Recycling for Good – Service Project
- * Values Activity; Who Has a Clue on Where to Find Potential Members?
- * a Play/Game: Murder on the High Seas
- * How to Write an Award Winning Service Project Nomination
- * Ask our 'Panel of Experts'

See the most recent DSB for more details, registration form, and hotel accommodations information.

Can't find the most recent DSB? Ask DSB editor Debbie Lemieux to email it to you.

Altrusa International Foundation of Portland, Maine Inc. January 2023 Calendar Raffle

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>  <p>Over \$2,400 in Cash and Prizes</p> <p>Each Raffle Entry is ONLY \$10</p> <p>All Raffle Entries are eligible for EVERY daily drawing.</p> <p>31 Chances to win !!!</p> </div>						
<div>  <p>Three ways to enter: 1) cut off the stub on the side of this calendar, fill it out with your information and mail it to Altrusa, PO Box 8834, Portland, ME 04104, along with your check, payable to Altrusa of Portland Maine,</p> <p>2) purchase online at https://www.altrusaportlandgivesbooks.org/calendar-raffle-2023</p> <p>or 3) you can give your entry directly to any Portland Altrusan</p> </div>						
1  \$50 Gift Card	2  \$50 Gift Card	3  3 Months of Fudge You choose the type \$75 Value	4  \$100	5  \$50 Gift Card	6  Samuel's Bar & Grill \$50 Gift Card & Aroma Joe's \$20 Gift Card \$70 Value	7  \$50 Gift Card
8  \$50 Gift Card	9  \$100 Gift Card	10  STARBUCKS Gift Bag \$75 Value	11  \$75 Gift Certificate	12  Regal Select Paint Gift Certificate \$146 Value	13  \$50 Gift Card	14  \$25 Gift Card African Jewelry Necklace & Earrings \$45 \$70 Value
15  \$50 Gift Card	16  \$50 Gift Card	17  Gift Bag \$125 Value	18  \$25 Gift Card \$25 Gift Card \$50 Value	19  \$50 Gift Card	20  \$75 Gift Card	21  \$75
22  \$25 Gift Card & blazes \$25 Gift Card \$50 Value	23  \$30 Gift Card & Homemade Baked Goods \$50 Gift Certificate \$80 Value	24  Regal Select Paint Gift Certificate \$146 Value	25  \$50 Gift Card	26  \$50 Value	27  \$70 Value	28  \$25 Gift Card & \$25 Gift Card \$50 Value
29  \$50 Gift Card	30  \$50 Gift Card	31  \$300	<div> <p>All proceeds from this raffle will be used to fund the annual vocational and educational scholarships, our many literacy focused projects, and the several community programs sponsored by our club.</p> <p>The Portland Altrusa Club appreciates your support.</p> <p>Good Luck!</p> </div>			

ALTRUSA OF
PORTLAND,
MAINE
Calendar Raffle
2023

How did you find out about this raffle?
TEL #:

STATE: ZIP CODE:

CITY:

ASTRA

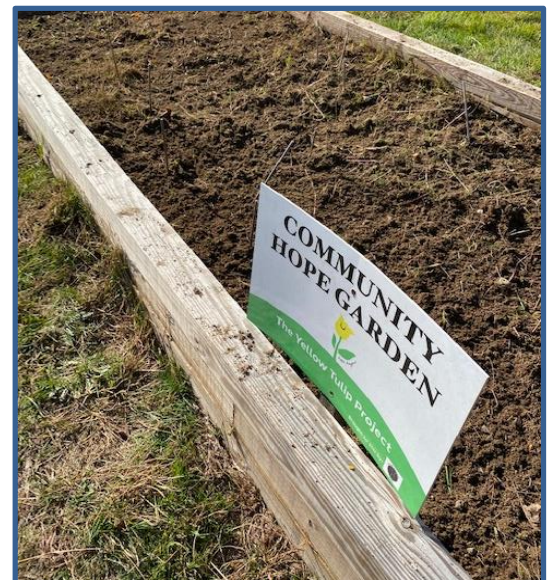
Ability
Service
Training
Responsibility
Achievement



Our ASTRA meetings have been set for Thursday mornings during the "Laker Time" period from 7:30a -8:05a. Generally they will be every other week -- with adjustments for conflicts with the school calendar. Our first one for this school year was planned for October 6th, but that was a 'Late Start' day which cancelled the "Laker Time" slot. So ASTRA met the next Thursday; and then the Thursday after that (10/20). In the meantime they met one afternoon on the side lawn of LRHS to clean-up the Yellow Tulip Garden for the winter. They are contemplating how to keep the DEER from eating the Tulips next Spring -- like they did this year.

By the next meeting (November 3rd) we should know who the officers are.

- Trish Maxim



Other Things

KEEP THE MONEY COMING!



CLYNK MONEY

Please continue to fill up the green Altrusa CLYNK bags.

Here's how to dispose:

1. drop them off at your local Hannaford's
2. drop the bags off at Pam Lemieux's house
3. bring to a meeting and give to Pam.



AMAZON SMILE MONEY

If you are shopping on-line consider using Amazon Smile, with Altrusa International Foundation of Portland, Maine as your choice of nonprofit. Invite your friends to do the same.



The deadline for the Altrusagram articles each month is the end of day on the Friday after the program meeting. Sending things before then is fine too!

Please write complete articles and identify people in photos if not club members.

Editor Marie Pike pikerino2@aol.com

SERVICE HOURS

Debbie Lemieux has updated the service hours input data form to allow for entry of hours related to non-profit general and Altrusa Book Delivery projects. This is a requirement from International President, Kathy Foley.

Don't forget to input your Service Hours.

Copy and paste this link into your browser:

<https://docs.google.com/forms/d/e/1FAIpQLSfBA5kpTP2KnohBM77MIB7qWAm953glU10L8wCWanf3Qbrtg/viewform>

A link to the form was included in the email with this newsletter.

November Birthdays

Debbie Lemieux
Ann Smith
Andrea Doherty
Sharon Davis
Arlene Hanson
Fran Jensen



Happy Birthday!

PROGRAM MEALS RESPONSIBILITY

Any member who will not be attending the program meeting, or who will attend but not eat a meal, is responsible for notifying the Treasurer no later than by noon of the Monday before the program meeting. A charge be levied on anyone who does not cancel their meal. Be sure to call or email Fran Jensen to cancel your meal.
franjensen2911@gmail.com



Mark your calendar for these Future District & International Events

District One Workshop

November 12, 2022 at the Marriott Courtyard in Cromwell, CT
hosted by the Greater Hartford club

District One Conference

April 21 - 23, 2023

Nonantum Resort in Kennebunkport, Me
hosted by the Greater Biddeford/Saco club

International Convention

July 19 - 22, 2023

San Antonio, Texas

ELECTION DAY NOVEMBER 8TH

