

ASTRA.ALTRUSA.ORG

ASTRA ROCKS

ASTRA SPONSORS

We want to hear about all the great things your ASTRA clubs are doing! Please send photos with captions to:

Traci Squarcette
tsquarcette@umhb.edu



BACK-TO-SCHOOL

The beginning of the school year brings some great opportunities:

- Host a booth/table at an open house or organization fair.
- Meet the administrators and teachers to see if there is any interest in sponsoring a new club.
- Meet the parents of ASTRA students and invite them to help with ASTRA and/or extend the gift of becoming an Altrusan.
- Share the marketing video below.



USE THIS QR CODE TO ACCESS VALUABLE RESOURCES

MARKETING VIDEO

[English](#)
[Spanish](#)

ASTRA in Action

“Growing in Service”



ASTRA Club of University of Mary Hardin-Baylor/ District Nine



Introducing ASTRA to new freshman on campus

Epiphany ASTRA of Lake City, Florida/ District Three



Altrusans Lorrie Wheeler and Pam Petersen, demonstrate the spring of bags, cutting them, connecting them into strips to prepare a “ball” of plarn. Pam was instrumental in utilizing the plarn to crochet it into usable items, such as mats, and hats.



ASTRA Club of Moberly, MO/ District Eight



Altrusan Sponsor and International ASTRA Committee Member, Heather Cleavinger, got the new year off to a great start with Kona Shaved Ice.

ASTRA Club of Charlotte, NC/ District Three

The ASTRA Club of Charlotte spent Saturday morning making over 150 pom-pom book buddies and origami bookmarks to support Booktoberfest, a month-long book drive planned in October by the Altrusa Club of Charlotte.



This book drive is in support of Altrusa International's One Million Book Service Challenge through the Charlotte club's partnership with the Charlotte based Promising Pages www.promising-pages.org.

International ASTRA Committee Vice-Chair, Jeraldyn Rivest, kicking off the new year with a great project.

ASTRA Club of San Antonio, TX/ District Nine



District Nine ASTRA Chair, Sylvia Mendez-Smith, along with International Service Committee member, Sylvia Zamora recruiting.

ASTRA Clubs of Temple, TX/ District Nine



Altrusa of Temple, TX hosted their first Leadership Training for the officers of four ASTRA Clubs: ASTRA Club of Belton High School, ASTRA Club of Salado High School, ASTRA Club of Lake Belton High School, and ASTRA Club of University of Mary Hardin-Baylor. Led by Altrusan Sponsor Committee Chair, Debbie Mabry and International ASTRA Chair, Traci Squarcette.

ASTRA

A - ABILITY - TO KNOW THAT ALL OF US HAVE SPECIAL TALENTS TO SHARE WITH OTHERS.

S - SERVICE - TO IMPROVE THE LIVES OF THOSE LESS FORTUNATE IN THE COMMUNITY.

T - TRAINING - TO DEVELOP LEADERSHIP ABILITY AND POTENTIAL.

R - RESPONSIBILITY - TO LEARN TO ACCEPT OBLIGATIONS AND KNOW THE SATISFACTION OF CARRYING PROJECTS THROUGH TO A SUCCESSFUL CONCLUSION.

A - ACHIEVEMENT - TO EXPERIENCE SUCCESS; TO KNOW THAT A GROUP CAN ACCOMPLISH SO MUCH MORE THAN ANY ONE INDIVIDUAL.



Meet the Altrusa International ASTRA Committee for 2023-2025
From left to right: Rene'e Eaton, District Ten; Heather Cleavinger, District Eight;
Traci Squarcette (Chair), District Nine; Jeradyn Rivest (Vice-Chair), District Four;
Mabel Acevedo, District Fourteen; Marueen McGough, District Two;
(Not pictured) Beth Harrison, District Twelve

OCTOBER - MAKE A DIFFERENCE DAY

Don't miss a great opportunity to invite ASTRA to participate in your Clubs' MADD project! Also, invite their parents or caregivers... this is a great way to share the gift of Altrusa and increase membership.

NEW CLUB FORMATION CHECKLIST

Starting a new club can be daunting but, it doesn't have to be. Let us help you with the process. Here is a quick start checklist to keep you on target.

Talk with your Club President to seek approval from the Board and Club members to sponsor a new ASTRA Club.

Secure a sponsor at the school and Altrusa club.

Hold an interest meeting and projects (with snacks of course)!

Notify the District ASTRA Chair & Altrusa International of your new club at ASTRA@altrusa.org

Once you reach 15 members, apply for your club charter with Altrusa International. We are here to help!

Newly CHARTERED ASTRA Club Project Grant Application
Submit a project grant within 12 months of ASTRA club charter!



Need Help?
ASTRA@altrusa.org